



# Leaps & Bounds Early Learning Centre

## PRESCHOOL ROOM SCHEDULE

TIME	ACTIVITY
7:00 am – 8:15 am	Arrival and Free Play
8:15 am – 8:30 am	Washroom Break
8:30 am – 9:00 am	Morning Snack
9:00 am – 9:15 am	Finish Snack and Clean Up
9:15 am – 9:30 am	Circle Time
9:30 am – 10:15 am	Core Curriculum Time
10:15 am – 10:30 am	Washroom Break
10:30 am – 11:00 am	Gym Time or Outdoor Time*
11:00 am – 11:30 am	Story Time and Wash Up for Lunch
11:30 am – 12:15 pm	Lunch
12:15 pm – 12:30 pm	Clean Up and Washroom Break
12:30 pm – 2:30 pm	Nap Time
2:30 pm – 2:45 pm	Wake Up Time and Washroom Break
2:45 pm – 3:15 pm	Afternoon Snack
3:15 pm – 3:30 pm	Wash Up
3:30 pm – 4:15 pm	Activity Time
4:15 pm – 5:00 pm	Outdoor Time* (or continue Activity Time)
5:00 pm – 6:00 pm	Free Play Time

\* Children will go outside unless the temperature is below -16°C (including the wind chill factor).